



6.3.5. Organizing Scientific Seminar in Hindi

The Scientific Seminar in Hindi on “Role of Scientific and Technical Institutions in Skill



Development” Jointly Organised at NISER, Jatani on 20.03.2018. Two Officers and fourteen employees were participated in this seminar on behalf of the Institute.

6.4. Observation of International Yoga Day at the Institute

The Institute of Physics celebrated the 3rd International Day of Yoga on 21st June, 2017 with



fervor and warmth amid numerous events organized to mark the International Yoga Day across the globe. Mass Yoga demonstrations were



organized between 7-8 am in the campus, where all officials participated in different Yoga Performances in tranquil morning hours under guidance of Yoga Experts. The activities have helped the members in spreading awareness and also set a platform for their future involvement in Yoga and other health activities. The Yoga Day Event was marked with motivating speeches by Sister Durgeshnandini, Prajapati Brahma Kumari Iswariya Viswavidyalaya, Unit-8, Bhuabneswar who shared the benefits of yoga for physical, mental and spiritual well - being and encouraged the entire staff for embracing the same in their daily activities.